

BEADED LAVA/CHAKRA ESSENTIAL OIL BRACELET



On Wire with Lobster Clasp Instructions

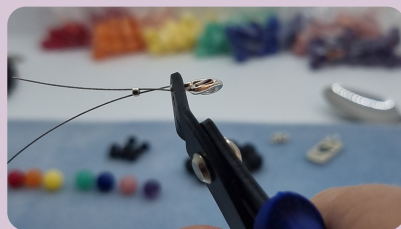
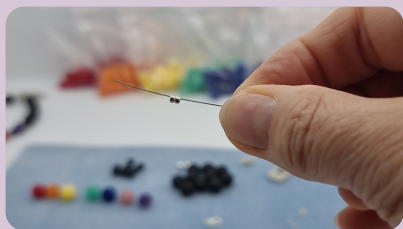
WHAT YOU WILL NEED

- 20-30cm length of bead stringing wire
- 7 x 8mm round chakra beads, red, orange, yellow, green, blue, indigo & violet
- 10 x 8mm round lava beads
- 8 x 4mm round lava beads
- Spacer beads x2
- Crimping beads x 4
- 1 lobster clasp & end tag
- 1 split ring with "follow your heart" charm
- Crimping tool, wire cutters & needle nose pliers

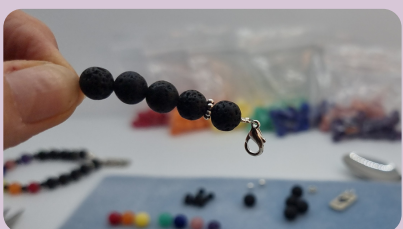


WHAT YOU DO

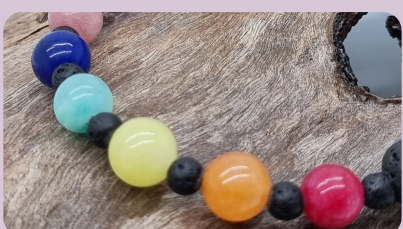
- Cut Wire to length - measure your wrist for bracelet size, then add 5-8cms to the overall length (*you'll need this extra length to finish the ends of the bracelet*)
- Thread two crimping beads onto one end of the wire, then thread the lobster clasp
- Thread the wire back through the crimping beads, leaving the lobster clasp in the loop of the wire
- Crimp the crimping beads in place (*make sure the wire is secure so it doesn't slip out of the crimped beads*)



- Thread one 8mm lava bead onto the wire, making sure you thread it over the extra wire coming out of the crimping bead, thread a spacer bead on then four more 8mm lava beads
- Thread one 4mm lava bead
- Thread the red bead on then one 4 mm lava bead
- Thread the orange bead on then one 4 mm lava bead
- Thread the yellow bead on then one 4 mm lava bead
- Thread the green bead on then one 4 mm lava bead
- Thread the blue bead on then one 4 mm lava bead
- Thread the indigo bead on then one 4 mm lava bead
- Thread the violet bead on then one 4 mm lava bead
- Thread four 8mm lava beads on to the string, thread a spacer bead on and lastly thread one more 8mm lava bead (*Add extra beads according to the size you require*)
- Thread two crimping beads onto the end of the beaded bracelet, along with the end tag



- Thread the wire back through the crimping beads, leaving the end tag in the loop of the wire
- Thread the wire down through a few beads and pull tight so there are not gaps
- Crimp the crimping beads in place and cut the excess wire
- Add the "follow your heart" charm to the small hole in the end tag



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