

Crystal Properties



1.

Amethyst

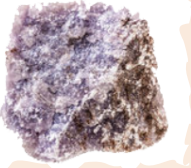
- Opens your psychic abilities
- Assists with dream recall
- Aids in anxiety and stress relief
- Soothes energetically & emotionally
- Assists with meditation and relaxation



2.

Lepidolite

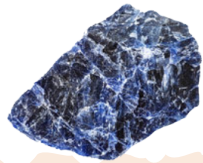
- Assists in letting go of old ways of thinking & being
- Allows us to see the truth & live in the moment
- Soothes the inner critic
- Releases unrealistic expectations of self & others



3.

Sodalite

- Creates self-acceptance & enhances self worth
- Deepens intuition
- Enhances self-confidence
- Soothes, calms & heals the soul from trauma
- Improves ability to communicate



4.

Adventurine

- Heals & soothes painful emotions held within the heart
- Allows you to acknowledge the joyful loving child within
- Allows you to balance any insensitivity in life, bringing in a deeper level of compassion



5.

Citrine

- Brings healthy positive energy into your life
- Shifts old patterns of lack & negativity
- Assists in manifesting wealth & abundance on all levels
- Brings in the joy & magic of life



6.

Carnelian

- Transforms anger into motivation & creativity
- Promotes & assists you to move into courage
- Enhances creativity within the soul
- Assist in healing sexual issues, & promotes healthy sexual relationships



7.

Garnet

- Promotes balance & stability in your life
- Enhances personal power
- Helps you address issues of self-doubt
- Teaches you to trust & believe in yourself
- Connects you to the healing energy of the earth



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Psychic/Clairvoyant

Helping women step into their
PERSONAL POWER by tapping into
their INTUITION

